

WOMEN'S RETREAT

“Refresh and Gladden your Spirit”

19th – 21st February 2010 YBCL Campus



When we say retreat, we mean RETREAT!

Are you tired, or stressed? Do you need to get away from the every day?

If you said yes to one or all 3 of the above then we would love for you to join us at the “Refresh and gladden your spirit” Women’s Retreat!

We have a number of activities for you to enjoy such as Yoga, Aboriginal Dot Painting, Indian dancing, an “eating for optimum health” workshop with The Food Muse, an Aromatherapy workshop, bush walking and more.

Do these activities interest you? If you have a smile on your face, then don’t delay because our

WOMEN’S RETREAT – YBCL CAMPUS

19th – 21st February 2010

Application Form

(Alternatively you can enrol on line at www.ybcl.org)



Surname Given Names

Address

State: Post Code Ph: Mob:

E-mail:

Vegetarian Yes No

I would like to attend:

Weekend \$110.00 Day Visitor \$55.00

Amount: \$ Please make cheques payable to: “Yerrinbool College”.

Please debit my: Bankcard Mastercard Visa Expiry Date: ____/____

Card No: _____

Name on the Credit Card.

Signature:

Completed application forms including course fee should be sent to: YBCL Executive Officer, 27 Sierra Street, YERRINBOOL, NSW 2575, Tel: 0248839462 Fax: 02 48839552, Mobile: 0411879028, Email: admin@ybcl.org,