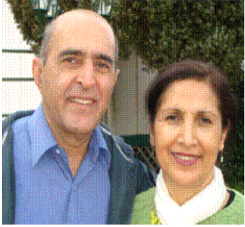


Singles Retreat



Facilitators: Jamshid & Minoo Hatami

The Singles retreat is designed for people who are not in a relationship yet or for couples who are in the process of getting to know each other. Knowing who you are, what you want and choosing the right partner are key factors for success in creating a great relationship.

- ◆ Developing a life & relationship vision
- ◆ Identifying requirements (deal breakers) of your relationship
- ◆ Relationship readiness assessment
- ◆ Balancing heart & head (supported by scientific research)
- ◆ Developing an effective relationship vision/ plan and where to from here
- ◆ Relationship assessment :
Is he / she the one ?

Your facilitators

Enjoy this retreat which has been running for the first time at Yerrinbool by Minoo and Jamshid Hatami. They have been building their own marriage and family relationship for the last 35 years. They have been involved in creating and facilitating a variety of workshops for personal development as well as marriage/ relationship, both as a couple and individually.

Minoo is a Counsellor, mediator, life & relationship coach, practicing in Canberra. Jamshid is a Baha'i Marriage Celebrant also managing a successful business.

Their experiences in life relate to living and working in Iran, England, Mexico and Australia.



Yerrinbool
College

Wellbeing Retreats

DETAILS

05– 07 Sept 08
6pm Fri to 1pm Sun
\$99 TOTAL COST p/p:
program, food &
accommodation

All Retreats held at
Yerrinbool College

27 Sierra St
Yerrinbool NSW

1.5 hrs from
Sydney or
Canberra

HOW TO GET THERE
[http://www.ybcl.org/
college/Location. tm](http://www.ybcl.org/college/Location.htm)

BOOKINGS/QUESTIONS
college@ybcl.org

Why Attend a Retreat?



All retreats have ingredients to:

- improve life style
- provide Intellectual stimulus
- give spiritual inspirations
- networking with others
- meeting new friends

Mind Body & Spirit

Your wellbeing coordinators and Facilitators are people committed to wellbeing who want to give back while providing professional services – thus the accessible prices and array of choice.

It's a win / win for all of us.

If you are reading this, you are like most people today who realise the challenges of this fast-paced and uncertain life and are interested in seeking opportunities to relax, unwind, take stock and learn ways to ensure your wellbeing as a couple is maintained as you take this journey called life. Ring a bell?

People are realising the importance of having skills to deal with life's challenges and there are 'easier' ways to do things.

Join likeminded people in a great environment to tap in to your wellbeing and potential in all areas of life. There are an array of retreats for all of us at a really affordable price.

The wellbeing retreats have a vision to create wellbeing in our community through equipping each and every person with tools for true long lasting wellbeing.

Singles Retreat: Friday 6:00 pm 5th Sept to Sunday 1:00 pm 7th Sept 08

Surname Given Names

Address

State: Post Code Ph: (H) Mob:

E-mail: Special Needs Vegetarian Yes/No

I would like to attend: Fee \$99.00 p/person* (or find out family rates) Pay by Cheque or Credit Card

Cheques payable to: "Yerrinbool College". OR/ Please debit my: Bankcard MasterCard Visa

Expiry Date: ___ / ___ / ___ Card No: _____

Name on the Credit Card: Signature:

Please forward Completed Registration form and Cheque to:
YBCL Executive Officer Sourì Hayati, 27 Sierra Street, YERRINBOOL, NSW 2575, Phone: 02 48839231,
Fax: 02 48839552 Mobile : 0411879028 Email:college@ybcl.org Internet Homepage: www.ybcl.org

